

Amlavit

General Tonic and Appetizer

Description:

Anavit-A modern Unani Mahashudha with multi-purpose qualities prepared with Amalaki, Peepul, Ginger, Golmaric, Ashoka, Ashwagandha, Yastimadhu, Cinnamon and Cloves and other valuable medicinal plants. It is indicated as a fortifier, taste enhancer and a supplement for vitamin C deficiency. Amalaki-Increases the strength and efficiency of the stomach, liver and spleen, helps in normal digestion and increases the appetite for food. Amalaki acts as a powerful antioxidant and fills the deficiency of vitamin C. Golmaric contains manganese, vitamin K, copper, fiber, calcium, chromium and iron among other nutrients that act as fortifiers. Ginger's nutritional value includes sugar, dietary fiber, fat, protein, vitamins, and minerals that strengthen the digestive system and increase the desire to eat by regulating the rhythm of the digestive system by coordinating the activities of the liver and stomach.

Ingredients:

Every 5 ml of syrup contains-

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| <i>Emblica officinalis</i> | 500 mg |
| <i>Piper longum</i> | 100 mg |
| <i>Zingiber officinale</i> | 50 mg |
| <i>Piper nigrum</i> | 20 mg |
| <i>Mesua ferrea</i> | 20 mg |
| <i>Withania somnifera</i> | 20 mg |
| <i>Glycyrrhiza glabra</i> | 10 mg |
| <i>Solanum xanthocarpum</i> | 10 mg |
| <i>Vitex negundo leaf</i> | 10 mg |
| <i>Elettaria cardamomum</i> | 10 mg |
| <i>Cyperus rotundus</i> | 05 mg |
| <i>Syzygium aromaticum</i> | 05 mg |
| <i>Cinnamomum zeylanicum</i> | 05 mg |
| <i>Ocimum albam seed</i> | 05 mg |

And other ingredients

(Source: Sharbat Amla, B.J.E.F) Unani medicine

Disease indications: * General weakness * Weakness of the digestive system * Nervous weakness * Breathing difficulty * Cough * Premature aging * Weakness of memory * Thinness of children * Vitamin C deficiency |

Usage rules: Adults: 2-4 teaspoons 1-2 times a day.
Minors: 1-2 teaspoons 1-2 times daily. Or as directed by a physician.

Contraindications: No contraindications.

Side effects: No side effects have been observed in the prescribed dosage.

Caution: Keep out of reach of children.

Storage: Keep in a dry and cool place, away from light and moisture.



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